

APPETIZERS & LIGHT BITES

MUSSELS

One pound steamed mussels in white wine and garlic butter. Served with Parmesan bread sticks 15.99

VEGGIE NACHOS*

A generous portion of our home-cooked tri color chips, topped with bell peppers, tomatoes, onions and lots of blended cheese. Served with sour cream and salsa 19.99

IRISH NACHOS*

Crispy fried kettle chips topped with blended cheese, bacon bits & green onions, with your choice of dipping sauce 18.99

POUTINE*

Lefty's amazing fries topped with cheese curds, shredded mozzarella & gravy. Great for vegetarians! 14.99

FRIED PEPPERONI*

Brothers' great mild pepperoni dipped in the fryer and served with honey mustard sauce 9.99

SPINACH DIP*

Often imitated, never equalled! Lefty's great blend of spinach, cream cheese and red onion. Topped with blended cheese and oven-baked. Served with crispy fried naan bread 15.99

SWEET POTATO FRIES*

Fried golden and served with homemade curry dip 11.99

CHICKEN WINGS

A basket of tender wings deep-fried in crispy breading and served plain or tossed in your choice of sauce 18.99

CRISPY FRIED KETTLE CHIPS*

A house specialty! Freshly-cooked potato crisps, seasoned with Lefty's Spice and served with a side of your favourite dipping sauce 9.99

BREAD STICK BASKET

Soft baked garlic and parmesan bread sticks served with housemade tomato sauce 9.99

PANKO ONION RINGS

These crispy, crumbly and crunchy onion rings are breaded and tossed in Panko 10.99

MOZZA STICKS

Homestyle breading with Italian spices and served with housemade tomato sauce 14.99

FRENCH FRIES*

A basket of our house seasoned fries 7.99 | Add Gravy 1.99

ADD-ONS

Extra cheese 4.99 | Chicken slices* 6.99 | Seasoned ground beef 4.99 | Char-grilled striploin steak slices* 7.99
Sour cream 1.75 | Salsa 1.75 | Guacamole 3.99 | Jalapenos 1.75

SOUPS & SALADS

SOUP DU JOUR*

Prepared with fresh ingredients daily and served with a housemade buttermilk biscuit 9.99
Gluten Free Roll 1.00

SPINACH SALAD*

Baby spinach, tomato, red onion, bacon bits and mushrooms tossed with our homemade creamy dressing and topped with mozzarella cheese, smoked paprika and a sliced hard-boiled egg 17.99

SEAFOOD CHOWDER*

Our famous gluten-sensitive chowder is packed full of mussels, shrimp, scallops and haddock and served with a warm housemade buttermilk biscuit 16.99 | Gluten Free Roll 1.00

LEFTY'S SIGNATURE SALAD*

Only at Lefty's! Mixed spinach and romaine tossed with tomato, English cucumber, diced red onion, mushrooms and our own recipe Lefty's Pride vinaigrette 15.99

CAESAR SALAD

Fresh, crisp romaine lettuce tossed with creamy Caesar dressing, bacon bits and parmesan cheese and garnished with croutons and a lemon wedge 16.99

GREEK SALAD

Fresh, crisp romaine lettuce, tomato, red onion, cucumber and black olives tossed with Greek dressing and topped with feta cheese 15.99

SALAD ADD-ONS

Sauteed garlic shrimp* 6.99
Char-grilled striploin steak slices* 7.99
Sauteed chicken strips* 6.99

PASTAS

SERVED WITH GARLIC PARMESAN BREADSTICK

CHICKEN FETTUCCINE

Fettuccine noodles with grilled chicken slices in a creamy Alfredo and parmesan sauce 19.99 | Add Bacon 3.99

PENNE DI CASA

Our house specialty! Mushrooms and bell peppers sauteed in garlic butter and tossed with penne noodles in a cajun rose sauce 16.99

HOMEMADE BEEF LASAGNA

Made from scratch from our secret recipe! 18.99

CHICKEN PARMESAN

Breaded chicken breast topped with housemade tomato sauce, mozzarella and parmesan served with fettuccine noodles 22.99

SPAGHETTI AND MEATBALLS

Housemade meatballs and tomato sauce piled on top of spaghetti noodles and topped with parmesan cheese 20.99

KIDS MENU 9.99

FOR KIDS 10 AND UNDER. INCLUDES A BEVERAGE AND DESSERT

FISH & CHIPS

Served with seasoned fries

5 CHEESE PIZZA

Add Pepperoni 1.99

Add Bacon Bits 1.99

CHICKEN FINGERS

Served with seasoned fries

PENNE PASTA

Tossed in your choice of tomato sauce, alfredo sauce, or butter and topped with parmesan cheese. Served with garlic bread

HAMBURGER

Served with seasoned fries

Add Cheese 1.50

Add Bacon 1.99

MINI PANCAKE BITES

Served with side of bacon

BURGERS, SANDWICHES & WRAPS

SERVED WITH YOUR CHOICE OF SIDE

LEFTY'S CLASSIC BURGER*

House made, half pound *Certified Angus Beef*® patty served on a soft bun with lettuce, tomato, onion and pickle 17.99
Gluten Free Bun 1.00
Add Bacon 1.99 | Add Cheese 1.50

BBQ BACON CHEESEBURGER

House made, half pound *Certified Angus Beef*® patty topped with cheddar cheese, bacon, onion rings, BBQ sauce and mayo 21.99

BLACK BEAN VEGGIE BURGER

Our spicy black bean veggie burger is served on a soft bun with sweet chili mayo, lettuce, tomato, pickle and onion 16.99

CRISPY CHICKEN RANCH WRAP

Breaded chicken strips with fresh romaine, crispy bacon, shredded cheese, diced tomato and ranch dressing in a white or sundried tomato tortilla 17.99

CRISPY CHICKEN BURGER

House made, buttermilk marinated chicken breast, dredged and crispy fried on a soft bun topped with lettuce, tomato, pickle and mayo. Served with your choice of side 18.99

SMOTHERED CHICKEN OR BEEF SANDWICH

Sauteed peppers, onions and mushrooms with your choice of grilled chicken breast or thinly sliced beef. Topped with cheese and served on a warm garlic ciabatta bun 18.99

HOT HAMBURGER SANDWICH

Half pound *Certified Angus Beef*® smothered in gravy and served between white or whole wheat bread with a side of peas 18.99
Add Fried Onions 1.50
Add Mushrooms 2.50

HOT TURKEY SANDWICH*

In house oven roasted turkey breast smothered in gravy and served between white or whole wheat bread with a side of peas 17.99
Gluten Free Bun 1.00

CLUB SANDWICH OR WRAP

The classic triple-decker, made with grilled chicken breast, bacon, lettuce, tomato, cheddar and mayo on your choice of white or whole wheat toast, or in a white or sundried tomato wrap 17.99

LOADED VEGGIE WRAP

Fresh spinach, lettuce, tomato, peppers, onions, pickles and cheese blend wrapped in sun dried tomato wrap with sweet chili mayo 15.99

MAIN COURSES

SIZZLING HOT FAJITA SKILLET

Sauteed onions and bell peppers seasoned with fajita spice and served smoking hot on a sizzle platter with warm tortillas, sour cream, salsa and shredded cheese on the side 18.99

VEGETABLE STIR FRY*

Fresh vegetables sauteed and served with seasoned rice, topped with sesame seeds and served with your choice of sauce 17.99

LEFTY'S CLASSIC QUESADILLA

Diced peppers, onions, tomato, tex mex seasoning and a blend of cheeses in a sundried tomato or white tortilla served with salsa and sour cream, and your choice of side 15.99

ADD-ONS

Sauteed garlic shrimp* 6.99 | Char-grilled striploin steak slices* 7.99 | Sauteed chicken strips* 6.99 | Guacamole 3.99

PAN-FRIED HADDOCK*

A fresh local haddock fillet, lightly coated in flour and pan-fried until golden. Served with your choice of side and vegetables of the day 21.99

CHICKEN STRIPS

Tender breaded chicken strips served with our fries and your choice of dipping sauce 16.99

SEAFOOD PLATTER

One piece of house battered fish, sauteed shrimp, scallops and mussels. Served with fries and coleslaw 27.99

CHICKEN SOUVLAKI*

Chicken breast in our own recipe marinade skewered with bell peppers and red onion, grilled and served with seasoned basmati rice, Greek salad, warm buttered pita and our own tzatziki sauce 25.99

8OZ STRIPLOIN STEAK*

Top-quality steak grilled to your liking and served with vegetables and your choice of side 27.99
Add Fried Onions 1.50
Add Fried Mushrooms 2.50

CHICKEN & WAFFLES

Buttermilk marinated chicken breast, dredged in seasoned flour and crispy fried. Served on Belgium waffles with crispy strips of bacon and a warm maple glaze. Served with fries 21.99

LIVER DINNER*

Melt-in-your-mouth beef liver with bacon, fried onions and gravy. Served with vegetables of the day and your choice of side 18.99

FISH & CHIPS

Everybody loves Lefty's fish & chips! Fresh haddock dipped in our own recipe beer batter, deep fried and served with our seasoned fries. Tartar sauce and coleslaw upon request
1pc 15.99 | 2pc 19.99

LEFTY'S POKE BOWL*

Seasoned basmati rice with fresh tomato, red onion, peppers, cucumbers and avocado. Topped with sesame seeds, crispy tortilla strips and drizzled with your choice of sauce 15.99

SAUCES AVAILABLE:

Sweet Chili Thai* | Honey Garlic | Teriyaki | Sweet Chili Mayo* | Lemon Dill Aioli* | Curry Mayo* | Chipotle Ranch | Tzatziki* | Blue Cheese | Hot* | Medium* | Mild* | Plum | Sweet & Sour | Honey Mustard

Sides include seasoned french fries, mashed potato, onion rings, baked potato, kettle chips, basmati rice or coleslaw. Fries are seasoned with our 'Lefty's Spice'

Substitute a small Caesar, Greek or Lefty's salad 2.99 | Substitute a small spinach salad 3.99
Substitute sweet potato fries 2.99 | Substitute for soup 2.99

* ASK YOUR SERVER HOW WE CAN ACCOMMODATE GLUTEN SENSITIVITY! *

Lefty's
Restaurant & Lounge