

APPETIZERS & LIGHT BITES

VEGGIE NACHOS*

A generous portion of our home-cooked tri color chips, topped with bell peppers, tomatoes, onions and lots of blended cheese. Served with sour cream and salsa 18.99

POUTINE*

Lefty's amazing fries topped with cheese curds, shredded mozzarella & gravy. Great for vegetarians! 13.99

IRISH NACHOS*

Hot & crunchy Buffalo Chips topped with blended cheese, bacon bits & green onions, with your choice of dipping sauce 18.99

FRIED PEPPERONI*

Brothers' great mild pepperoni dipped in the fryer and served with honey mustard sauce 9.99

SPINACH DIP*

Often imitated, never equalled! Lefty's great blend of spinach, cream cheese and red onion. Topped with blended cheese and oven-baked. Served with warm, buttered pita bread wedges 14.99
Substitute for nacho chips 1.25

SWEET POTATO FRIES*

Fried golden and served with homemade curry dip 11.99

CHICKEN WINGS

A pound of tender wings deep-fried in crispy breading and served plain or tossed in your choice of sauce 18.99

HOT & CRUNCHY BUFFALO CHIPS*

A house specialty! Freshly-cooked potato crisps, seasoned with Lefty's Spice and served with a side of your favourite dipping sauce 9.99

PANKO ONION RINGS

These crispy, crumbly and crunchy onion rings are breaded and tossed in Panko 10.99

GARLIC PARM FRIES

Lefty's fries tossed in our house mixture of garlic, parmesan and herbs 11.99

LOADED CAULIFLOWER BITES

Battered cauliflower bites loaded with tomato, green onion, bacon bits and shredded cheese. Served with a side of ranch 14.99

MOZZA STICKS

Homestyle breading with Italian spices and served with marinara sauce 14.99

FRENCH FRIES*

A basket of our house seasoned fries 7.99 | Add Gravy 1.99

ADD-ONS

Extra cheese 3.99 | Chicken slices 5.99 | Seasoned ground beef 4.99 | Char-grilled striploin steak slices 6.99
Sour cream 1.75 | Salsa 1.75 | Guacamole 3.99 | Jalapenos 1.75

SOUPS & SALADS

SOUP DU JOUR*

Prepared with fresh ingredients daily and served with a warm roll or crackers 8.99 | Gluten Free Roll 1.00

SPINACH SALAD*

Baby spinach, tomato, red onion, bacon bits and mushrooms tossed with our homemade creamy dressing and topped with mozzarella cheese and a sliced hard-boiled egg 17.99

SEAFOOD CHOWDER*

Our famous gluten-sensitive chowder is packed full of shrimp, scallops and haddock and served with warm roll or crackers 15.99 | Gluten Free Roll 1.00

LEFTY'S SIGNATURE SALAD*

Only at Lefty's! Mixed spinach and romaine tossed with tomato, English cucumber, diced red onion, mushrooms and our own recipe Lefty's Pride vinaigrette 15.99

CAESAR SALAD

Fresh, crisp romaine lettuce tossed with creamy Caesar dressing, bacon bits and parmesan cheese and garnished with croutons and a lemon wedge 16.99

GREEK SALAD

Romaine lettuce, tomato, red onion, cucumber and black olives tossed with Greek dressing and garnished with feta cheese 15.99

SALAD ADD-ONS

Sauteed garlic shrimp 5.99
Char-grilled striploin steak slices 6.99
Sauteed chicken strips 5.99

PASTAS

SERVED WITH GARLIC BREAD
Add Cheese 1.99

CHICKEN FETTUCCINE

Fettuccine noodles with tender chicken slices in a creamy Alfredo and parmesan sauce 17.99 | Add Bacon 1.99

PENNE DI CASA

Our house specialty!

Mushrooms and bell peppers sauteed in garlic butter and tossed with penne noodles in a cajun rose sauce 15.99

HOMEMADE BEEF LASAGNA

Made from scratch from our secret recipe! 17.99

CHICKEN PARMESAN

Buttermilk marinated breaded chicken breast topped with marinara, mozzarella and parmesan served with fettuccine marinara 21.99

BUILD YOUR OWN PASTA

CHOOSE YOUR PASTA:

Fettuccine or Penne

CHOOSE YOUR PROTEIN:

Sauteed Garlic Shrimp | Striploin Steak
Chicken Breast | Bacon | Seafood Medley

CHOOSE YOUR SAUCE:

Alfredo Sauce | Marinara Sauce | Vodka Sauce
17.99

KIDS MENU 9.99

INCLUDES A BEVERAGE AND DESSERT

FISH & CHIPS

Served with seasoned fries or vegetables

CHICKEN FINGERS

Served with seasoned fries or vegetables

HAMBURGER

Served with seasoned fries or vegetables
Add Cheese 1.99
Add Bacon 1.99

5 CHEESE PIZZA

Add Pepperoni 1.99
Add Bacon Bits 1.99

FETTUCCINE PASTA

Tossed in your choice of marinara, alfredo sauce, or butter and topped with parmesan cheese. Served with garlic bread

MINI PANCAKE BITES

Served with side of bacon

BURGERS, SANDWICHES & WRAPS

SERVED WITH YOUR CHOICE OF SIDE

LEFTY'S CLASSIC BURGER*

House made, half pound *Certified Angus Beef*[®] patty served on a soft bun with lettuce, tomato, onion and pickle 17.99

Gluten Free Bun 1.00

Add Bacon 1.99 | Add Cheese 1.50

BBQ BACON CHEESEBURGER

House made, half pound *Certified Angus Beef*[®] patty topped with cheddar cheese, bacon, onion rings, BBQ sauce and mayo 20.99

BLACK BEAN VEGGIE BURGER

Our spicy black bean veggie burger is served on a soft bun with sweet chili mayo, lettuce, tomato, pickle and onion 16.99

Gluten Free Bun 1.00

CRISPY CHICKEN RANCH WRAP

Breaded chicken strips with fresh romaine, crispy bacon, shredded cheese, diced tomato and ranch dressing in a white or sundried tomato tortilla 18.99

CRISPY CHICKEN BURGER

In house buttermilk marinated and breaded chicken breast on a soft bun topped with lettuce, tomato, pickle and mayo. Served with your choice of side 18.99

Gluten Free Bun 1.00

SMOTHERED CHICKEN SANDWICH

Grilled chicken breast, bell peppers and onions sauteed in garlic butter and topped with shredded cheese and served on a warm hoagie bun 17.99

CHEESESTEAK SANDWICH

Thinly-sliced beef sauteed with mushrooms, onions & bell peppers, topped with shredded cheese and served on warm hoagie bun 18.99

HOT HAMBURGER SANDWICH

Half pound *Certified Angus Beef*[®] patty smothered in gravy and served between white or whole wheat bread with a side of vegetables 18.99

HOT TURKEY SANDWICH

In house oven roasted turkey breast smothered in gravy and served between white or whole wheat bread with a side of vegetables 17.99

CLUB SANDWICH OR WRAP

The classic triple-decker, made with grilled chicken breast, bacon, lettuce, tomato, cheddar and mayo on your choice of white or whole wheat texas toast, or in a wrap 17.99

LOADED VEGGIE WRAP*

Fresh spinach, lettuce, tomato, peppers, onions, pickles and cheese blend wrapped in sun dried wrap with sweet chili mayo 15.99

MAIN COURSES

SIZZLING HOT FAJITA PLATTER

Sauteed onions and bell peppers seasoned with fajita spice and served smoking hot on a sizzle platter with warm tortillas, sour cream, salsa and shredded cheese on the side 18.99

LEFTY'S CLASSIC QUESADILLA

Diced peppers, green onions, tomato and a blend of cheeses baked in a sundried tomato or white tortilla served with salsa and sour cream, and your choice of side 15.99

LEFTY'S POKE BOWL*

Basmati rice with fresh tomato, red onion, peppers, cucumbers and avocado. Topped with sesame seeds, crispy sundried tomato tortilla strips and drizzled with your choice of sauce 15.99

ADD-ONS

Sauteed garlic shrimp 5.99 | Char-grilled striploin steak slices 6.99 | Sauteed chicken strips 5.99 | Guacamole...3.99

PAN-FRIED HADDOCK

A fresh local haddock fillet, lightly coated in flour and pan-fried until golden.

Served with your choice of side and vegetables of the day 20.99

Add Lemon Pepper Seasoning 1.50

CHICKEN STRIPS

Tender breaded chicken strips served with our fries and your choice of dipping sauce 16.99

8OZ STRIPLOIN STEAK*

Top-quality steak grilled to your liking and served with vegetables and your choice of side 24.99

Fried Onions 1.50

Fried Mushrooms 2.50

SEAFOOD PLATTER

A hearty plate of breaded scallops, battered haddock bites and Bam-Bam shrimp. Served with our fries, coleslaw and lemon dill aioli 24.99

CHICKEN SOUVLAKI

Chicken breast in our own recipe marinade skewered with bell peppers and red onion, grilled and served with basmati rice, Greek salad, warm buttered pita and our own tzatziki sauce 24.99

CHICKEN & WAFFLES

Buttermilk marinated chicken breast, dredged in seasoned flour and crispy fried. Served on Belgium waffles with crispy strips of bacon and a warm maple glaze 19.99

LIVER DINNER*

Melt-in-your-mouth beef liver with bacon, fried onions and gravy. Served over mashed potato 18.99

FISH & CHIPS

Everybody loves Lefty's fish & chips! Fresh haddock dipped in our own recipe beer batter, deep fried and served with our seasoned fries. Tartar sauce and coleslaw upon request

1pc 14.99 | 2pc 18.99

VEGETABLE STIR FRY*

Fresh vegetables sauteed and served with basmati rice, topped with sesame seeds and served with your choice of sauce 17.99

SAUCES AVAILABLE:

Sweet Chili Thai* | Honey Garlic | Teriyaki | Sweet Chili Mayo | Lemon Dill Aioli | Curry Mayo
Chipotle | Ranch | Tzatziki | Blue Cheese | Hot | Medium | Mild

Sides include seasoned french fries, mashed potato, onion rings, baked potato, buffalo chips, basmati rice or coleslaw. Fries are seasoned with our 'Lefty's Spice'

Substitute a small Caesar, Greek or Lefty's salad 2.99 | Substitute a small spinach salad 3.99

Substitute sweet potato fries 2.99 | Substitute for soup 2.99

* ASK YOUR SERVER HOW WE CAN ACCOMMODATE GLUTEN SENSITIVITY! *

Lefty's
Restaurant & Lounge